

VASTU SCHOOL OF YOGA  
TEACHER'S INTENSIVE  
STUDENT LOG

Name: \_\_\_\_\_

Date of TTC: \_\_\_\_\_

| Week | S | M | T | W | Th | F | Sat<br>Adv | Sat<br>Br | Seminars<br>3/wk |  |  | 3 Oral<br>Exams | Final<br>Exam |
|------|---|---|---|---|----|---|------------|-----------|------------------|--|--|-----------------|---------------|
| 1    |   |   |   |   |    |   |            |           |                  |  |  |                 |               |
| 2    |   |   |   |   |    |   |            |           |                  |  |  |                 |               |
| 3    |   |   |   |   |    |   |            |           |                  |  |  |                 |               |
| 4    |   |   |   |   |    |   |            |           |                  |  |  |                 |               |
| 5    |   |   |   |   |    |   |            |           |                  |  |  |                 |               |
| 6    |   |   |   |   |    |   |            |           |                  |  |  |                 |               |
| 7    |   |   |   |   |    |   |            |           |                  |  |  |                 |               |
| 8    |   |   |   |   |    |   |            |           |                  |  |  |                 |               |
| 9    |   |   |   |   |    |   |            |           |                  |  |  |                 |               |
| 10   |   |   |   |   |    |   |            |           |                  |  |  |                 |               |

Students must attend 6 classes/ week  
3 classes must be as an assistant to the teacher